Turkmenistan

US State Dept Travel Advisory
The US Department of State currently recommends US citizens consult its website daily via the link below for any travel advisories about visiting this country.

https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html

Passport/Visa Requirements
US citizens should make sure their passport will not expire for at least 6 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is required. US citizens will need to get in touch with the country’s embassy or nearest consulate to obtain a visa prior to visiting the country.

US Embassy/Consulate
+(993)(12)94 0045, Consular Information Line: +(993)(12)94 0049 (Monday and Friday, 11am – 1pm); EMER: Local calls: 940045; US Embassy Ashgabat, 9 1984 Street (formerly Pushkin Street), Ashgabat, Turkmenistan 744000

Vaccinations
See WHO recommendations

http://www.who.int

Climate
Subtropical desert

Currency (Code)
Turkmenistani manat (TMM)

Electricity/Voltage/Plug Type(s)
220 V / 50 Hz / plug type(s): C, F

Major Languages
Turkmen (official) 72%, Russian 12%, Uzbek 9%, other 7%

Religions
Muslim 89%, Eastern Orthodox 9%, unknown 2%

Time Difference
UTC+5 (10 hours ahead of Washington, DC, during Standard Time)

Potable Water
Opt for bottled water.

International Driving Permit
Suggested

Road Driving Side
Right

Cultural Practices
It is best to use your right hand or both hands to give and receive gifts, as the left hand is sometimes considered unclean.

Telephone Code
993

Local Emergency Phone Numbers
03
Please visit the following links to find further information about your desired destination.

**World Health Organization (WHO)** - To learn what vaccines and health precautions to take while visiting your destination. [http://www.who.int](http://www.who.int)


To obtain an international driving permit (IDP). Only two organizations in the US issue IDPs:
- **American Automobile Association (AAA)** ([www.aaa.com](http://www.aaa.com)) and
- **American Automobile Touring Alliance (AATA)** ([www.aataidp.com](http://www.aataidp.com))

US citizens may call the US Dept of State (+1-202-501-4444) for emergencies abroad.

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