For Secret Writing can be used:

First: A solution of nitrate of soda and starch in water x may be carried for example in handkerchiefs or starched collars, starched shirts or anything else starched. These things being laid in this solution and then ironed. The article thus treated is later on again put in water and a solution obtained which can be used for invisible writing. The best means for developing are iodite of potassium.

Second: Sulphate of iron, developed preferably with ferro cyanite of potassium.

Third: Nitrate of silver developed preferably with xmx 2, or h.

Fourth: Rice starch, developed with ink mixed with water.

Fifth: Lemon juice, developed with Ferro cyanite of potas.

x A tumbler of water is boiled together with a table spoon of starch, allow to cool, and add ten grammes of nitrite of soda.

For developing secret writing is used:

1. Iodite of Potassium, /5 grams with 100 grams of water, 2 g of tartaric acid added/ 

2. Sulpharated soda.

3. Ferro cyanite of potassium.

4. Ink, mixed with water / laid on with a brush/