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*Flight Handbook*

Instructions regarding flight hour limitations and leaves of Flight Personnel reference is made to the Royal Decree No. 372 of 31 December 1953 Law 59-153 of 21 December 1959.

All flight personnel

In order to eliminate any abuses we would like to list the following regarding the flight personnel in Laos.

1. Flight Time. Flight time is defined as being the time when all engines start and until the time all engines stop.

Unless authorized previously monthly maximums of flight time will be limited to 90 hours per month.

Taking into consideration early leaves the number of flight hours for flight members is limited to

260 hours per Trimester
530 hours per Semester
945 hours per year

2. Rest Period. Two cases of rest period are considered
  - a. For personnel assigned to long flights the minimum amount of rest period required is limited to 5 consecutive days within a month at their base of operation.
  - b. For personnel assigned to short flights 6 consecutive rest days per month or 36 consecutive hours within a week, at their base of operations.
3. Limitations regarding consecutive flight time and flights accomplished within 24 consecutive hours.

1. For pilot personnel

- A. For single crewmembers the flight time is limited to 8 consecutive for the captain and 10 consecutive hours for the other members of the crew.

These limits could be extended by 50% of the flight if the flight is interrupted by one or two stops.

- B. For dual crewmembers the maximum of 16 consecutive hours for Captain and 20 hours for other members of the flight crew. Limit of 22 hours if there is a rest stop in between the flight and 24 hours for the other members.

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The hourly limitation for 2nd crew members will be the same as for 1st crew members.

As to the above, indicated flight hours and rest period for flight personnel is mandatory. The duration of this rest period is equal to twice the number of flight hours since the last rest period.

- A. Change of these rules could however be authorized by government authorities for flights such as Search and survey.
- B. For flights that are performed by government request.

These changes should not exceed these limitations, which are 125 hours for one month, 225 hours for 2nd consecutive month and 325 hours for the third consecutive month and 1200 hours per year.

In order to follow the present rules as directed by the Civil Aviation authority, all companies are to furnish a monthly report indicating the flight hours of their personnel.

All personnel not abiding by these limitations will be liable to grounding from one week to 2 months.

Any disregard to this grounding will or could result in disciplinary action which could cause a temporary loss of license to any personnel flying accordingly in Laos.

s/ Director of Civil Aviation