

DO NOT WRITE IN THIS BOOKLET
(Use special answer sheet for marking your answers)

MINNESOTA PERSONALITY SCALE
(For Women)

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Explanation: The following pages contain a number of statements about which there is no general agreement. People differ in the way they feel about the statements, and there are no right or wrong answers. We are trying to study certain aspects of personality that are important in your adjustment to school and to life. You can help us by answering each question honestly and thoughtfully. Happiness and satisfying achievement are definitely related to your personal adjustments; therefore, any effort to study this aspect of your life is worth your cooperation.

Directions: Read each statement carefully and on the Special Answer Sheet mark the one alternative which best expresses your feeling about the statement. Whenever possible, let your own personal experience determine your answer. Do not spend too much time on any item. If in doubt, select the one phrase which seems most nearly to express your present feeling about the statement. Put your answers on the answer sheet by blackening the space between the pair of dotted lines under the letter which represents your answer. Try the samples below and put your answers on the answer sheet in the box marked SAMPLES.

Samples: Some statements are like the following:

- (a) City streets should permit one way traffic only.

You are to choose one of the following alternatives to indicate your answer:

(SA) Strongly Agree (A) Agree (U) Undecided (D) Disagree (SD) Strongly Disagree

Above the pairs of dotted lines on the answer sheet are the initial letters of the above alternates to help you mark your answer in the correct space. Now try sample (b) and mark your answer in the same way.

- (b) Local and national elections should not be held at the same time.

Some statements are like the following:

- (c) Do you study for examinations with a group of fellow students?

Your answer to these questions is to be chosen from one of these alternatives.

(AA) Almost Always (F) Frequently (O) Occasionally (R) Rarely (AN) Almost Never

- (d) Do you go to the school's important football games?

On the answer sheet, each Part of the Scale will have the alternative answers printed in full at the top of the columns. The initial letters of the alternatives will appear above the pairs of dotted lines to help you locate the pair of dotted lines in which to mark your answer for each item.

Be sure the Item Number on the Answer Sheet Corresponds with the Item Number in the Booklet.

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PART I

Work rapidly. Be sure to answer every item by choosing one of the following alternatives.

- (SA) Strongly Agree
- (A) Agree
- (U) Undecided
- (D) Disagree
- (SD) Strongly Disagree

1. Almost anything can be fixed up in the courts if you have enough money.
2. The joys of family life are much overrated.
3. Life is just a series of disappointments.
4. No one cares much what happens to you.
5. On the whole, policemen are honest.
6. Education helps a person to use his leisure time to better advantage.
7. The young man of today can expect much of the future.
8. There is little chance for advancement in industry and business unless a man has an unfair pull.
9. A high school education is worth all the time and effort it requires.
10. The day is not long enough to do one's work well and have any time for fun.
11. It does not take long to get over feeling gloomy.
12. Education is of no help in getting a job today.
13. Laws are so often made for the benefit of small selfish groups that a man cannot respect the law.
14. Public money spent on education during the past few years could have been used more wisely for other purposes.
15. School training is of little help in meeting the problems of real life.
16. Most people can be trusted.
17. The future looks very black.
18. Life is just one worry after another.
19. A man can learn more by working four years than by going to high school.
20. On the whole, lawyers are honest.
21. One's parents usually treat him fairly and sensibly.
22. Court decisions are almost always just.
23. It is difficult to think clearly these days.
24. On the whole, judges are honest.
25. The law protects property rights at the expense of human rights.
26. The sentences of judges in courts are determined by their prejudices.
27. Education only makes a person discontented.
28. These days one is inclined to give up hope of amounting to something.
29. There is really no point in living.
30. Education is more valuable than most people think.

Do not stop. Go on to the next page.

31. It is all right for a person to break the law if he doesn't get caught.
32. A man should tell the truth in court, regardless of the consequences.
33. A hungry man has a right to steal.
34. Most young people are getting too much education.
35. Only subjects like reading, writing and arithmetic should be taught at public expense.
36. A person is justified in giving false testimony to protect a friend on trial.
37. Success is more dependent on luck than on real ability.
38. It is great to be living in these exciting times.
39. Personal circumstances should never be considered an excuse for breaking the law.
40. Savings spent on education are wisely invested.
41. An educated man can advance more rapidly in business and industry.
42. High school courses are too impractical.
43. Real friends are as easy to find as ever.
44. Our schools encourage an individual to think for himself.

PART II

Work rapidly. Be sure to answer every item by choosing one of the following alternatives.

- (AA) Almost Always
- (F) Frequently
- (O) Occasionally
- (R) Rarely
- (AN) Almost Never

Begin with No. 45 on the answer sheet.

45. Are you eager to make new friends?
46. Do you enjoy entertaining people?
47. Do you find it easy to keep up your courage?
48. Do you have a fairly good time at parties?
49. Do you dislike social affairs?
50. Do you feel self-conscious with strangers?
51. Do you find it easy to make friendly contacts with members of the opposite sex?
52. Do you stay in the background at parties or social gatherings?
53. Are you able to recover quickly from social blunders?
54. Do you like to mix with people socially?
55. Do you like to meet new people?

Do not stop. Go on to the next page.

56. Do you participate easily in ordinary conversation?
57. Do you enjoy speaking before groups of people?
58. Do you feel self-conscious when volunteering to take part in games or other organized activities?
59. Do you take an active part in the entertainment at parties?
60. At an important dinner, would you do without something rather than ask to have it passed?
61. Do you cross the street to avoid meeting people you know?
62. Do you feel self-conscious when reciting in class?
63. Do you feel at ease with people?
64. Do you meet strangers easily?
65. Do you avoid people when it is possible?
66. Do you lose self-confidence easily?
67. Do you seek to meet the important person present at a reception or tea?
68. Are you embarrassed because of lack of experience in social situations?
69. Do you hesitate to enter a room by yourself when a group of people are sitting around the room talking together?
70. Do you have difficulty in talking to most people?
71. Do you have the time of your life at social affairs?
72. Do you get along as well as the average person in social activities?
73. Are you well poised in social contacts?
74. If a party is dull, do you take the lead in enlivening it?
75. Do you find it easy to express your ideas?
76. Do you have difficulty saying the right thing at the right time?
77. Are you rather shy in contacts with people?
78. Do you become self-conscious readily?
79. Do you find it easy to act naturally at a party?
80. Are you indifferent to ordinary social contacts?
81. Do you have difficulty in starting a conversation with a person who has just been introduced?
82. Do you have much difficulty in thinking of an appropriate remark to make in group conversation?
83. Are you indifferent to people?
84. Do you find it easy to get along with people?
85. Are you embarrassed when meeting new people?
86. Do you feel that social affairs are not serious enough for you to enjoy?
87. After being caught in a mistake, do you find it hard to do good work for a while?
88. Can you keep people from taking advantage of you?
89. Are you the center of favorable attention at a party?
90. Are you nervous and ill at ease with most people?

Do not stop. Go on to the next page.

91. Do you prefer to limit your social contacts to a few friends?
92. Do you find it easy to get your own way in most situations?
93. Do you prefer to limit your social life to members of your own family?
94. Do you find it easy to have a good time at a party?
95. Are you annoyed by social activities?
96. Do you find that it is easy to be "the life of a party"?
97. Can you keep cool in important situations?

(Skip numbers 98 to 105 on the answer sheet)

PART III

Work rapidly. Be sure to answer every item by choosing one of the following alternatives.

- (AA) Almost Always
- (F) Frequently
- (O) Occasionally
- (R) Rarely
- (AN) Almost Never

Begin with No. 106 on the answer sheet.

106. Are the members of your family too curious about your personal affairs?
107. Is it hard for you to keep a pleasant disposition at home?
108. Do you become nervous at home?
109. Can you trust the people in your family?
110. Is your home a very pleasant place?
111. Do you and your parents live in different worlds, so far as ideas are concerned?
112. Do you feel most contented at home?
113. Do your parents too often expect you to obey them, now that you are grown up?
114. Would your parents keep faith in you even though you could not find work?
115. Does either of your parents criticize you unjustly?
116. Was your father your ideal of manhood?
117. Have you felt that either of your parents did not understand you?
118. Does either of your parents find fault with your conduct?
119. Is either of your parents easily irritated?
120. Have you had to keep quiet or leave the house to have peace at home?
121. Has either of your parents certain personal habits which irritate you?
122. Have you felt that your friends have had happier home lives than you?
123. Have the actions of either parent aroused great fear in you?
124. Have there been family quarrels among your near relatives?
125. Have you disagreed with your parents about your choice of a life work?

Do not stop. Go on to the next page.

126. Do your parents seem too old-fashioned in their ideas?
127. Do your parents expect too much from you?
128. Would you sacrifice everything for your family?
129. Do you discuss important plans with members of your family?
130. Do you feel you owe your greatest obligation to your family?
131. Do you find less understanding at home than elsewhere?
132. Have you disagreed with your parents about the way in which work around the home should be done?
133. Has lack of money tended to make home unhappy for you?
134. Does either of your parents get angry easily?
135. Do your parents fail to recognize that you are a mature person and treat you as if you were still a child?
136. Has there been a lack of real affection and love in your home?
137. Has either of your parents insisted on obedience regardless of whether or not the request was reasonable?
138. Do you love your mother more than your father?
139. Have you had a strong desire to run away from home?
140. Have your parents objected to the kind of companions you go around with?
141. Is either of your parents very nervous?

PART IV

Work rapidly. Be sure to answer every item by choosing one of the following alternatives.

- (AA) Almost Always
- (F) Frequently
- (O) Occasionally
- (R) Rarely
- (AN) Almost Never

Begin with No. 142 on the answer sheet.

142. Does criticism disturb you greatly?
143. Are your feelings easily hurt?
144. Do you get angry easily?
145. Were you ill much of the time during childhood?
146. Do things go wrong for you from no fault of your own?
147. Are you sorry for the things you do?
148. Do you feel just miserable?
149. Do ideas run through your head so that you can not sleep?
150. Do you feel self-conscious because of your personal appearance?

Do not stop. Go on to the next page.

151. Are your eyes very sensitive to light?
152. Do you have ups and downs in mood without apparent cause?
153. Do you get discouraged easily?
154. Are you bothered by the feeling that things are not real?
155. Do you consider yourself a rather nervous person?
156. Do you worry too long over humiliating experiences?
157. Do you feel fatigued when you get up in the morning?
158. Do you have spells of the "blues"?
159. Have you been depressed because of low marks in school?
160. Do you worry over possible misfortunes?
161. Do you daydream?
162. Do you feel very tired towards the end of the day?
163. Do you envy the happiness that others seem to enjoy?
164. Does it frighten you when you have to see a doctor about some illness?
165. Do you have conflicting moods of love and hate for members of your family?
166. Do you get upset easily?
167. Do you feel lonesome, even when you are with people?
168. Do you get excited easily?
169. Do you have difficulty getting to sleep even when there are no noises to disturb you?
170. Do you feel that your parents are disappointed in you?
171. Are you frightened by lightning?
172. Do you have difficulty in breathing through your nose?
173. Do you take cold rather easily from other people?
174. Do you have headaches?
175. Has it been necessary for you to have medical attention?
176. Do you find it necessary to watch your health carefully?
177. Do you feel tired most of the time?
178. Have you been ill during the last ten years?
179. Do you have difficulty in getting rid of a cold?
180. Do you suffer discomfort from gas in the stomach or intestines?
181. Do you have colds?
182. Are you subject to eye strain?
183. Have you been absent from school because of illness?
184. Does some particular useless thought keep coming into your mind to bother you?
185. Do you have shooting pains in the head?

Do not stop. Go on to the next page.

PART V

Work rapidly. Be sure to answer every item by choosing one of the following alternatives.

- (SA) Strongly Agree
- (A) Agree
- (U) Undecided
- (D) Disagree
- (SD) Strongly Disagree

Begin with No. 186 on the answer sheet.

186. If our economic system were just, there would be much less crime.
187. It is better to buy milk from private companies than from cooperatives.
188. Laborers in mass production industries should stay out of the C. I. O.
189. On the whole our economic system is just and wise.
190. Municipal power plants should be built to compete with private utilities.
191. The amount of profit which a business can make should be regulated by the government.
192. A man should be allowed to keep as large an income as he can get.
193. A man should strike in order to secure greater returns to labor.
194. Poverty is chiefly a result of injustice in the distribution of wealth.
195. Private ownership of property is necessary for economic progress.
196. Pickets arrested for blocking the entrance to a factory should be fined heavily.
197. School teachers who openly approve of labor unions and socialistic ideas should be dismissed.
198. It is more economical to buy gasoline from cooperatives than from the regular filling stations.
199. Large incomes should be taxed much more than they are now.
200. The philanthropy of rich men more than compensates for the irregular practices they may have used to acquire their wealth.
201. Private doctors should encourage trends towards socialized medicine.
202. Money should be taken from the rich and given to the poor during hard times.
203. Cooperative housing plans should be encouraged.
204. "Consumer's Union" and "Consumer's Research" are fair and reliable buying guides.
205. Big industries should be taxed more heavily.
206. Labor should have much more voice in deciding government policies.
207. The government ought to guarantee a living to those who can't find work.
208. The incomes of most people are a fair measure of their contribution to human welfare.
209. Sit-down strikes should not be tolerated.
210. Labor does not get its fair share of what it produces.
211. When a rich man dies, most of his property should go to the state.
212. The government should take over all large industries.
213. The government should not attempt to limit profits.
214. The growth of consumer cooperatives should be stopped.
215. Our economic system is criticized too much.
216. Income taxes in the higher income brackets should be raised.
217. Most great fortunes are made honestly.

(Omit number 218 on the answer sheet)