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HEALTH ADVANCES PLANNED IN POLAND;
REPORT ON EAST GERMAN SANATORIUMS

TREATMENT OF RHEUMATISM --- Swiat i Zycie, No 17, 23 Apr 50

According to the State Rheumatological Institute, at least three percent of the population, or approximately 720,000 persons in Poland, suffer from rheumatism. Of this number at least 578,000 should be receiving treatment in health resorts. The total would include 274,000 bed-ridden patients (treated over 2-3 months periods) and 300,000 ambulatory cases (treated over 3-4 month periods).

At present, there are eight health resorts equipped for rheumatic treatment located in Busko, Ciechocinek, Cieplice, Polczyn, Ladek, Swieradow, Duszniki, Iwonicz; and two children's health resorts, one in Rymanow and the other in Rabka. Health resorts at Czerniawa, Dlugopole, Jastrzebie, Przerzeczyn, and Swoszowice, all have departments for rheumatic treatments.

During the Six-Year Plan, to help overcome rheumatism, it will be necessary to increase the number of beds in sanatoriums at state health resorts to 8,000, where 35,000 patients could receive treatments of 2-3 months duration yearly. The number of ambulatory patients should be increased to 145,000.

FIRST-AID COURSES AT CHEMICAL ENTERPRISES -- Dziennik Zachodni, No 114,
 26 Apr 50

Seven hundred persons completed a first-aid course at the Health Training Center of the Polish Red Cross at Katowice. This course, lasting from 2 January to 23 April, was conducted by Inspector Najta, Doctor Cena, and Professor Marcowa. Workers at chemical enterprises under the Central Administration of the Chemical Industry were required to attend the course because hazards at these enterprises are great.

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NEW SANATORIUM FOR MINERS -- Taegliche Rundschau, No 135, 13 Jun 50

Another sanatorium for miners from the Sachsen ore mines has been opened in Binz on Ruegen, a resort on the Baltic Sea.

This new summer sanatorium has more than 100 modern and well-equipped rooms, club and reading rooms, and a large theater with 1,000 seats. In addition, there are 50 homes with 2,700 beds available in Binz for Sachsen's ore miners, and a children's sanatorium has been equipped to house their children.

HOSPITALS AND POLYCLINICS IN LAND BRANDENBURG -- Arbeit und Socialfuersorge, No 4, 15 Feb 50

At a conference convened in Jueterbog on 11 and 12 February by the Social Insurance Organization for Land Brandenburg it was disclosed that the Land has nine independent public polyclinics, 25 hospital polyclinics, 28 out-patient clinics in hospitals and sanatoria, 19 rural out-patient clinics, 178 industrial first-aid stations, and four industrial polyclinics.

NEW VITAMIN PRODUCT -- Gazeta Handlowa, No 30, 19 Apr 50

The Central Fish Laboratory in Gdynia is developing a new vitamin product to replace cod-liver oil. The new formula will be sent to the Ministry of Health for final analysis and for production approval.

The new product will be extracted from fish liver. Each gram will contain 200 units of vitamin D, and over 40 percent fats. It will be more pleasant to take than cod-liver oil and will be particularly useful in preventing bone diseases and tooth decay.

The new product will replace medicinal cod-liver oil which has not been produced in sufficient quantities in Poland.

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