

Approved For Release 2001/04/02 : CIA-RDP96-00792R000700350003-0



CLINICAL PSYCHOLOGY AND LEVELS OF REALITY
PART I - ESP AS A COMPONENT IN SOME PSYCHIC
DISORDERS

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Abstract: Clinical Psychology has not taken into account evidence provided by other areas of research that point to the existence of other levels of reality. Therefore, that which is not perceived through physical senses is often considered as being of a pathological nature. The authors have observed that in some psychological disorders sometimes there is an ESP factor mingled with the symptoms, and which are only taken into account as a proof of "insanity". Reports made by some patients' and trained sensitized about their perceptions are similar. The difference between them lies in the fact that the former experience their perceptions in a chaotic manner and are overwhelmed by them, while the latter learned to discriminate between ESP and common perceptions, maintaining their psychical integrity.

When in 1882 the Society for Psychical Research of London started making scientific studies of paranormal phenomena, the model of reality conceived was dictated by Newtonian Physics - and in this model there was no place for phenomena which conflicted with its principles.

But the theory of Relativity as well as the developments of Modern Physics shattered this model of a mechanistic and orderly Universe. Today we know that Classic Physics became limited because it only described a certain level of reality - the level that we perceived through our senses. However, it was not adequate to describe phenomena that take place at the sub-atomic level and which are beyond our perception.

For a long time Parapsychology has been studying phenomena which point to other levels of reality. What makes these observations important is that they originate from different areas of research, in which, on comparison, form a network of evidence pointing to other levels of reality.

The nature of reality is questioned both by physicists and psychologists. Einstein commented on this question as follows: "The material world... constitutes the whole world of appearance, not the whole world of reality; we may think of it as forming a cross section of the world of reality."

turn Psychology has always strived for respectability as a science. For this reason it adopted the parameters of Classic Physics. It did not keep pace with the evolution of Physics and Parapsychology and without questioning more deeply its basic assumptions, it remained within the theoretical model proposed by Classic Physics.

As to us that questioning reality has much to do with Clinical Psychology because, as psychotherapists, we deal with human beings and their subjective reality - and this often means that we have to deal with the so called altered states of consciousness. The main aspect of this question is that the expression of the ASC may be adapted to it, as we shall see further on.

In our clinical practice and also in our parapsychological research we have noticed that in many cases which could be considered as being of a pathology, there is an ESP factor mingled with the symptoms and the behaviour of the patient. As examples we cite cases of some of our patients that could be included in this category.

Case 1 - We had a patient who complained, amongst other things, that she sometimes felt as if she were floating near the ceiling. Once, at that position, she saw her body sitting on the easy chair in the living room of a group of people who had come to visit her. Another patient reported that several times she felt as if she moved out of her body reaching the wall opposite to her bed and that, from there, she could see her own body lying on the bed. It is more than natural experiences of this nature trigger a psychological reaction leading the patient to doubt her sanity.

Case 2 - We have a patient who hears noises and perceives movements in the house: crashes in the kitchen, doors that close and open, objects changing place, etc. From the traditional point of view we would say that she is hallucinating. However, due to her knowledge and experience with the phenomenon of poltergeist, she came to the conclusion that she was not hallucinating. Recently other members of the family have heard and seen the same things, confirming that our reasoning was correct. Psychokinetic phenomena are not uncommon. Not knowing about them, however, may cause the development of psychological problems associated to the stress.

Case 3 - We had a patient who had precognitive dreams, which were connected with the death or accidents with relations or acquaintances. These precognitive dreams led to the development of a mental thought loaded with guilt. This sense of guilt was dealt with in psychotherapy making her aware that there was no direct relation between this type of dream and the death or accidents of the people she knew. She was also made aware of her ESP capacity. In addition, additional psychotherapy dreams are often regarded as a catharsis of unconscious desires. However, sometimes they may also be a bridge between other levels of reality and ours. Psychotherapists who work with the interpretation of dreams should be well aware of this fact.

Case 4 - We had opportunity of following up cases of patients displaying somatic or psychological symptoms, making them seek the help of psychologists. The treatments, however, were not successful. We came across the same type of phenomenon in our clinical

understand what is happening. When ESP experiences are no longer felt as a threat, the activation of internal resources during therapy allow the patient to mitigate or overcome resistances, actualizing his tendency towards recovery.

The purpose of this paper is to expand the traditional concept of the individual vs. environment, taking into account the possibility of other levels of reality which can interact with the individual. It is not our intention to substitute today's psychotherapeutic knowledge - but only to add to it another dimension, aiming at a holistic understanding of the patient and his reality, as well as his recovery.

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CLINICAL PSYCHOLOGY AND LEVELS OF REALITY:
 PART II - ESP AS AN AID TO PSYCHOTHERAPY
 IN SOME PSYCHOLOGICAL DISORDERS

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~~Abstract: The authors discuss the interactions between other levels of reality and ours in cases involving patients with psychological disorders of various kinds. Trained sensitives were used in this and often manifested extraneous personalities (named theta agents by the authors), and who were involved with the patients. A description is made of the theta agents observed and their interaction with the patients. Removal of the theta agents by means of certain procedures is followed by an improvement in the patients' condition. This approach combined with traditional psychotherapy sets up new possibilities for patients whose prognosis of recovery is remote or dependent on extensive psychotherapy.~~

~~Introduction
 1977, at the III International Conference on Psychotronic Research in Tokyo, we presented a paper discussing the possibility of influencing at a distance people with various types of psychological disorders, aiming at relieving or removing the symptoms experienced. After experimenting during three years, we had come to the conclusion that this could be done. However, we also found out that personalities extraneous to the members of the group in some cases manifested themselves, suggesting an interrelation between personalities of some patients and the influence of personalities - which we named "theta agents". Also in this paper, we described the types of theta agents we came across, as well as the improvements and relapses observed in patients as we worked with these agents. The subjects selected for our sample did not know that they were being focused by the group, were not undergoing psychotherapy and had been showing certain symptoms for more than a year.
 purpose of this paper is to take up these aspects and extend them based on observations made during the last two years.~~

~~Working Hypothesis
 observations, as pointed out in our paper "ESP as a Component of Some Psychological Disorders", which is being presented at this conference, led us to consider that there might be another level of reality, unperceived by our senses, but which could interact with the individual. Apparently, besides the classical interaction between individual vs. environment, there could be a third one that we would call "spiritual". "Spiritual" is probably not the best word~~