

mosis

AUTHOR: ROZHN OV, V., PROFESSOR, HEAD OF THE CHAIR OF PSYCHOTHERAPY AT THE CENTRAL INSTITUTE FOR THE ADVANCED TRAINING OF PHYSICIANS

TITLE: DEBATE ON PRACTICAL APPLICATION OF HYPNOSIS

PRIMARY SOURCE: MEDITSINSKAYA GAZETA, SEPTEMBER 24, 1975, NO. 77 (3484), P. 3, COLS. 4-8

ABSTRACT: THE ARTICLE IS AN OPEN LETTER FROM ROZHN OV TO PROF. P. V. SIMONOV, AUTHOR OF THE RECENTLY PUBLISHED BOOK "HIGHER NERVOUS ACTIVITY OF MAN. MOTIVATIONAL-EMOTIONAL ASPECTS". ROZHN OV EXPRESSES HIS DISAGREEMENT WITH SOME VIEWS ON HYPNOSIS AND ITS APPLICATION THAT SIMONOV EXPOUNDS IN THE BOOK.

ROZHN OV SAYS THAT IF SIMONOV'S VIEWS ON HYPNOSIS WERE ACCEPTED UNCRITICALLY, IT WOULD MEAN THE END OF IMPORTANT RESEARCH ON THE APPLICATION OF HYPNOSIS IN AREAS WHERE IT IS NECESSARY TO RAISE MAN'S EFFICIENCY, TO ACTI-

VATE AND STIMULATE HIS VOLITIONAL QUALITIES, AND TO EXPAND AND DEEPEN HIS EMOTIONAL SPHERE. ROZHN OV IMPLIES THAT THIS RESEARCH IS AIMED AT INCREASING THE CREATIVE POTENTIALS OF THE INDIVIDUAL WITHOUT SETTING UNREALISTIC GOALS OF ATTAINING CAPABILITIES THAT DO NOT EXIST IN MAN. ROZHN OV SAYS THAT THE EMOTIONAL-STRESS METHOD OF COLLECTIVE HYPNOTIC THERAPY BASED ON STIMULATION OF THE EMOTIONAL SPHERE THAT HAS BEEN DEVELOPED IN THE SOVIET UNION IS OPENING UP PROSPECTIVE THERAPEUTIC POSSIBILITIES.

ROZHN OV CALLS ATTENTION TO DATA PUBLISHED IN RECENT YEARS IN THE "JOURNAL OF HIGHER NERVOUS ACTIVITY" PERTAINING TO THE USE OF HYPNOSIS FOR THE SOLUTION OF AN IMPORTANT TASK OF COSMONAUTICS -- THE ADAPTATION AND READAPTATION OF MAN TO CHANGES OF GRAVITY. HE ALSO CITES AN ARTICLE IN ISSUE NO. 14, 1974, OF THE JOURNAL "KOMMUNIST", WHICH DISCUSSES THE APPLICATION OF PSYCHOTHERAPY WITH ELEMENTS OF HYPNOSIS TO NORMALIZE EMOTIONAL CHANGES AND RAISE THE EFFICIENCY OF SHIP CREWS DURING LONG OCEAN CRUISES.