

The Importance of Substance in ESP Research

A. In my conversation with Dr. Vallee he indicated that his observation of thousands of UFO incidents gave strong evidence that:

1. As people observe increasingly strange phenomena (according to their definition of what is normal or acceptable).

2. They tell the experience to fewer and fewer people.

B. Our conversations also brought out the fact that the mind is shocked by a high degree of strangeness and will begin to add material to incoming data, so you have a mixture of reliable information and spontaneous conjectural material. If the shock caused by the difference between what is considered real and what is not, is too severe, the mind may not return to the normal range. For this reason the mind should be centered on a reality so substantial and yet so far beyond form that no particular form will disturb its equilibrium. Such a reality is the foundation or center upon which all else is built. It has been variously described as Energy or Wholeness or Substance. It has been experienced in all ages by men. Many cultures have continued to strongly recommend the centering of the mind firmly on this depth of reality, before ESP experiences are tried or encountered - to insure one's continued stability (regardless of the strangeness of the phenomena encountered.) Indeed the strangest experiences have been recounted by men in such a firm relationship, with apparently few permanent ill effects.

C. It is my recommendation that no ESP experimentation be conducted without preparing and protecting the candidate for an encounter with the unknown by first insisting that he center himself with an allowing relaxed attitude on the formless pure Substance of Reality - Wholeness. The collective experience of mankind is that madness is much less a risk under these circumstances. Here the whole person and balanced development is emphasized instead of the isolated development of a single fragment of the personality which obviously causes imbalance. An unbalanced talent is soon of little use to anybody, except perhaps his psychiatrist. What valuable information he does provide is often so laced with questionable material that his reliability is destroyed.

The mind has no choice, it must seek balance and if it must produce much fantasy to accomplish this purpose, it will do so. (Such "fakery" could also be an attempt by the mind to convince the "exploiters" that is of no longer any use to them and therefore they should leave it alone).

D. The noted Menninger Foundation researchers Evelyn and Alice Green¹ as well as Allen Cohen², a clinical psychologist in Berkeley have strongly warned us:

1. "...some (mind training) courses induce in some persons a form of paranoid neurosis or psychosis, often related to obsession or possession".*

2. "Through improper meditation, serious illness or attempts to astrotravel, these people see mystical visions that they can't integrate properly into their view of life. There is a great and building problem today with the huge numbers who are becoming obsessed and possessed. When you treat their mental disturbance in a normal way they simply aren't helped".*

The Hitler people were quite interested in tapping these powers. What their efforts released on the world should be a lesson to us that the manner in which or the point of view from which this pandorra's box is opened is at least as important to us as the contents of the box. I further advise that improper research may release in one individual - too much power. If the powers attributed to Wolf Messing of the Soviet Union are indeed real and they fall into the hands of the wrong persons, the resulting horror could release a malignancy on the world to rival that of the Nazi era. When the door is opened, sometimes things come through which were not planned and we cannot control-especially after they have gained entrance. It is surely important that we seek to open the right door - carefully.

*John Peterson, Science and Psychic Power, The National Observer, week ending 20 October 1973.