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## OHB Main Café

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Menu for the Week of

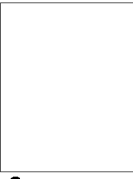
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09/25/17

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**Tuesday, September 26<sup>th</sup>**

Classic Hot Apple Cider  
Caramel & Green Apple  
Cranberry, Orange, & Apple  
\$ 2.29 (16 oz. cup)

**Monday**

Fresh Grilled Salmon with Asparagus, Arugula & Pesto Mayo	\$7.99
Pho (Beef or Tofu)	\$6.49/\$7.49
Shrimp Po'Boy with Crispy Slaw & Creole Mayonnaise	\$6.99
Chicken Quinoa Enchilada	\$7.49
Rosemary Garlic Chicken Breast, Mediterranean Cod	\$5.25/\$7.25
Beef & Noodle, Cream of Broccoli (v), Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
Please see page 2	\$0.48/oz.

Soup

**Tuesday**

Fresh Grilled Salmon with Asparagus, Arugula & Pesto Mayo	\$7.99
Pad Thai (Shrimp, Chicken or Tofu)	\$6.49/\$7.49
Shrimp Po'Boy with Crispy Slaw & Creole Mayonnaise	\$6.99
Chicken Quinoa Enchilada	\$7.49
Lemon Dill Tilapia, Roast Chicken with Leeks & Olives	\$7.25/\$5.25
Chicken Tortilla, Tomato Bisque (v), Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
Please see page 2	\$0.48/oz.

Soup

**Wednesday**

Fresh Grilled Salmon with Asparagus, Arugula & Pesto Mayo	\$7.99
Pho (Chicken or Tofu)	\$6.49/\$7.49
Shrimp Po'Boy with Crispy Slaw & Creole Mayonnaise	\$6.99
Chicken Quinoa Enchilada	\$7.49
Black Bean Quinoa Bowl, Flank Steak with Chimichurri Sauce	\$5.25/\$6.25
Chipotle Cream of Tomato (v), Beef & Lentils, Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
Please see page 2	\$0.48/oz.

Soup

**Thursday**

Fresh Grilled Salmon with Asparagus, Arugula & Pesto Mayo	\$7.99
Pad Thai (Shrimp, Chicken or Tofu)	\$6.49/\$7.49
Shrimp Po'Boy with Crispy Slaw & Creole Mayonnaise	\$6.99
Chicken Quinoa Enchilada	\$7.49
Pork Loin with Fig & Apple, Roasted Chicken with Orange Marmalade	\$5.25
Kale Soup (v), Curry Cilantro Chicken, Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
Please see page 2	\$0.48/oz.

Soup

**Friday**

Fresh Grilled Salmon with Asparagus, Arugula & Pesto Mayo	\$7.99
Pho (Shrimp or Tofu)	\$6.49/\$7.49
Shrimp Po'Boy with Crispy Slaw & Creole Mayonnaise	\$6.99
Chicken Quinoa Enchilada	\$7.49
Salmon with Mango Salsa, Roasted Chicken Breast	\$7.25/\$5.25
Fish Chowder, Chef's Choice, Beef Chili (12 oz. / 16 oz.)	\$2.59/\$3.15
Please see page 2	\$0.48/oz.

Soup

**Breakfast**

6:30 am – 9:30 am

**Continental Breakfast**

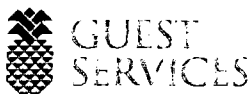
9:30 am – 11:00 am

**Lunch & Snacks**

11:00 am – 2:00 pm

Burritos or Bowls  
Made to Order

Healthy & Allergen Free  
Cuisine



10000 Highway 100, Suite 100  
San Diego, CA 92126  
(619) 444-1111

(v) Vegetarian

Café Hours of Operation: 6:30 am – 2:00 pm

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OHB  Menu

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\$0.48 per ounce

**Monday**Vegetable Bar  
Entrées

An assortment of fresh vegetables served daily  
 Shrimp and Asparagus Risotto  
 Chicken Piri Piri  
 Red Curry Pork  
 Chicken Parmesan served with Spaghetti, Tomato Sauce, and Garlic Bread  
 Slow Baked Beef with a Potato Crust  
 Vegetable Biryani (v)  
 Eggplant Gratin (v)

**Tuesday**Vegetable Bar  
Entrées

An assortment of fresh vegetables served daily  
 Sweet and Sour Meatballs  
 Pork Loin Stuffed with Sweet Apples and Cranberries  
 Chicken Tandoori  
 Slow Roasted Beef Brisket  
 Moroccan Fish Tagine  
 Rigatoni with Sautéed Leeks, Mushrooms, and Peas in a Cream Sauce (v)  
 Vegetable Paella (v)

**Wednesday**Vegetable Bar  
Entrées

An assortment of fresh vegetables served daily  
 Roasted Herb Crusted Tilapia  
 Beef Goulash  
 Spaghetti Pasta with Meatballs served with Garlic Bread  
 Chicken Shish Kabob  
 Pork Souvlaki with Tzatziki Sauce  
 Gnocchi with Tomato Basil Sauce (v)  
 Angel Hair Pomodoro (v)

**Thursday**Vegetable Bar  
Entrées

An assortment of fresh vegetables served daily  
 Herb Roasted Turkey Breast  
 Pork Chop with Pan Gravy  
 Chicken Marsala  
 Tuscan Style Roasted Chicken  
 Tex Mex Zucchini Lasagna (v)  
 Gourmet Herb Crusted Beef Pot Roast  
 Sundried Tomato Risotto

**Friday**Vegetable Bar  
Entrées

An assortment of fresh vegetables served daily  
 Pulled BBQ Pork Sliders  
 Chicken Cashew Stir-fry  
 Fried Wild Catfish  
 Blackened Catfish  
 Three Cheese Lemon Spaghetti (v)  
 Sweet and Spicy Sticky Wings, Hot Wings, BBQ Wings, Mild Wings