

Turkmenistan

US State Dept Travel Advisory

The US Department of State currently recommends US citizens **DO NOT TRAVEL** to Turkmenistan due to COVID-19 and Embassy Ashgabat's limited capacity to provide support to US citizens. Consult its website daily via the link below for any travel advisories about visiting this country.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

US citizens should make sure their passport will not expire for at least 6 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is required. US citizens will need to get in touch with the country's embassy or nearest consulate to obtain a visa prior to visiting the country.

US Embassy/Consulate

+(993)(12)94 0045, Consular Information Line: +(993)(12)94 0049 (Monday and Friday, 11am – 1pm); EMER: Local calls: 940045; US Embassy Ashgabat, 9 1984 Street (formerly Pushkin Street), Ashgabat, Turkmenistan 744000; ConsularAshgab@state.gov; <https://tm.usembassy.gov/>

Telephone Code

993

Local Emergency Phone

03

Vaccinations

See WHO recommendations

<http://www.who.int>

Climate

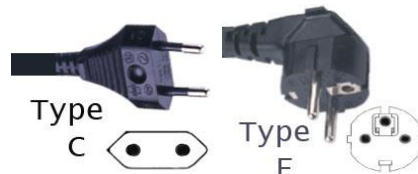
Subtropical desert

Currency (Code)

Turkmenistani manat (TMM)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug type(s): C, F



Major Languages

Turkmen, Russian, Uzbek

Religions

Muslim 93%, Christian 6.4%, Buddhist <1%, folk religion <1%, Jewish <1%

Time Difference

UTC+5 (10 hours ahead of Washington, DC, during Standard Time)

Potable Water

Opt for bottled water.

International Driving Permit	Suggested
Road Driving Side	Right
Tourist destinations	Ashgabat (includes National Museum, Carpet Museum); Turabeg Khanym Complex; Kow Ata Underground Lake; Yangykala Canyon; Mary Regional Museum; Ancient Merv & Mausoleum of Sultan Sanjar
Major Sports	Soccer
Cultural Practices	It is best to use your right hand or both hands to give and receive gifts, as the left hand is sometimes considered unclean.
Tipping Guidelines	Tip guides \$8-10 (USD) per person per day for a tour. Tour drivers may be tipped \$5 (USD).

Please visit the following links to find further information about your desired destination.

[World Health Organization \(WHO\) - To learn what vaccines and health precautions to take while visiting your destination. http://www.who.int](http://www.who.int)

[US State Dept Travel Information - Overall information about foreign travel for US citizens. https://travel.state.gov/content/travel/en/international-travel.html](https://travel.state.gov/content/travel/en/international-travel.html)

[To obtain an international driving permit \(IDP\). Only two organizations in the US issue IDPs: American Automobile Association \(AAA\) \(www.aaa.com\) and American Automobile Touring Alliance \(ATA\) \(www.aataidp.com\)](http://www.aaa.com)

How to get help in an emergency? Contact the nearest US embassy or consulate, or call one of these numbers:

from the US or Canada - 1-888-407-4747 or from Overseas - +1 202-501-4444

Friday, December 10, 2021