

## Panama

### US State Dept Travel Advisory

The US Department of State currently recommends US citizens RECONSIDER TRAVEL to Panama due to COVID-19. Some areas have increased risk due to crime. Consult its website daily via the link below for any travel advisories about visiting this country.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

### Passport/Visa Requirements

US citizens should make sure their passport will not expire for at least 3 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is not required.

### US Embassy/ Consulate

[507] 317-5000; US Embassy in Panama City, Building 783, Demetrio Basilio Lakas Avenue, Clayton, Panama

### Vaccinations

An International Certificate of Vaccination for yellow fever is required for travelers arriving from countries with a risk of yellow fever transmission and for travelers having transited through the airport of a country with risk of yellow fever transmission. See WHO recommendations.

<http://www.who.int>

### Climate

Tropical maritime; hot, humid, cloudy; prolonged rainy season (May to January), short dry season (January to May)

### Currency (Code)

Balboas (PAB)

### Electricity/Voltage/Plug Type(s)

120 V / 60 Hz / plug type(s): A, B



### Major Languages

Spanish, indigenous languages, Panamanian English Creole, Arabic, French Creole, other (Yiddish, Hebrew, Korean, Japanese)

### Religions

Roman Catholic 85%, Protestant 15%

### Time Difference

UTC-5 (same time as Washington, DC, during Standard Time)

### Potable Water

Opt for bottled water.

### International Driving Permit

Suggested

### Road Driving Side

Right

<b>Tourist destinations</b>	Panama Canal; Bocas Town; Coiba Island; San Blas Islands; Santa Catalina; Panamanian coral reefs
<b>Cultural Practices</b>	It is considered polite to refer to people by business titles, rather than their surname, when in a professional context.
<b>Tipping Guidelines</b>	A 10% tip is appropriate at restaurants. Taxi drivers do not expect tips.
<b>Telephone Code</b>	507
<b>Local Emergency Phone</b>	Ambulance: 269-9778; Fire: 103; Police 104

Please visit the following links to find further information about your desired destination.

[World Health Organization \(WHO\) - To learn what vaccines and health precautions to take while visiting your destination. http://www.who.int](http://www.who.int)

[US State Dept Travel Information - Overall information about foreign travel for US citizens. https://travel.state.gov/content/travel/en/international-travel.html](https://travel.state.gov/content/travel/en/international-travel.html)

[To obtain an international driving permit \(IDP\). Only two organizations in the US issue IDPs: American Automobile Association \(AAA\) \(www.aaa.com\) and American Automobile Touring Alliance \(ATA\) \(www.ataidp.com\)](http://www.aaa.com)

US citizens may call the US Dept of State (+1-202-501-4444) for emergencies abroad.

Thursday, January 28, 2021