

Kyrgyzstan

Travel Facts

US State Dept Travel Advisory

The US Department of State currently recommends US citizens exercise normal precautions in Kyrgyzstan. Some areas have increased risk.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

+(996)(312) 597-000; EMER: +(996)(312) 597-733; US Embassy Bishkek, 171 Prospect Mira, Bishkek 720016, Kyrgyz Republic; ConsularBishkek@state.gov; <https://kg.usembassy.gov/>

Disabled Travelers

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/traveling-with-disabilities.html>

LGBTQ+ Travelers

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html>

Women Travelers

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/women-travelers.html>

Telephone Code

996

Local Emergency Phone

103

Vaccinations

The CDC and WHO recommend the following vaccinations for Kyrgyzstan: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, tickborne encephalitis, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, COVID-19. <http://www.who.int/>

Climate

Dry continental to polar in high Tien Shan Mountains; subtropical in southwest (Fergana Valley); temperate in northern foothill zone

Currency (Code)

Soms (KGS)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug types: C, F



Type C

Type F

Major Languages

Kyrgyz (official), Uzbek, Russian

Major Religions

Muslim (majority Sunni), Christian (Russian Orthodox), other (includes Jewish, Buddhist, Baha'i)

Time Difference

UTC+6 (11 hours ahead of Washington, DC, during Standard Time)



Potable Water

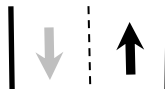
Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Right



Tourist Destinations

Issyk Kul Lake; Bishkek; Ala Archa National Park; Burana Tower; Song Kul; Tash Rabat; Sulaiman-Too; Tien Shan mountain range; Kyrgyz yurt

Major Sports

Soccer, wrestling, ice hockey

Cultural Practices

Guests should take a small gift (alcohol or sweets work well) and be sure to remove their shoes at the door.

Tipping Guidelines

In general, most restaurants include a 10-15% service charge and tipping is not required.

Souvenirs

felt rugs and felt-crafted clothing/cloth and decorative items, silver jewelry, chess sets, miniature wood-carved yurts

Traditional Cuisine

Beshbarmak — horse or lamb meat with flat noodles and onion sauce

April 2024

