

Equatorial Guinea

Travel Facts



US State Dept Travel Advisory

The US Department of State currently recommends US citizens exercise increased caution in Equatorial Guinea due to crime and health.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

[240] 333 09 57 41; US Embassy in Malabo, Malabo II Highway, (between the Headquarters of Sonagas and the offices of the United Nations), Malabo, Guinea Equatorial; <https://gq.usembassy.gov/>; Malaboconsular@state.gov

LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

Telephone Code

240

Local Emergency Phone

Ambulance 112; General 114; Police 116

Vaccinations

The CDC and WHO recommend the following vaccinations for Equatorial Guinea: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, and COVID-19.

<http://www.who.int/>

Climate

Tropical; always hot, humid

Currency (Code)

Cooperation Financiere en Afrique Central francs (Central African CFA franc, XAF)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug type(s): C, E



Type C



Type E

Major Languages

Spanish, other (includes Fang, Bubi, Portuguese, French)

Major Religions

Nominally Christian and predominantly Roman Catholic, Protestant

Time Difference

UTC+1 (6 hours ahead of Washington, DC, during Standard Time)

Potable Water

Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Right



Tourist Destinations

Malabo; Monte Alén National Park; Cascades of Moca; Bioko Island; Bata

Major Sports

Soccer, swimming

Cultural Practices

In some groups, if greeting someone with higher status, it is customary to bow slightly so that your head is lower than theirs.

Tipping Guidelines

Tipping is not expected in most restaurants and hotels except at establishments frequented by expatriates. Guides and private drivers also appreciate a tip of around 10%.

Souvenirs

Traditional African cloth; soapstone, ivory, and wood carvings; woven baskets, tribal masks

Traditional Cuisine

Succotash — a salad-like dish consisting of corn, lima beans, sweet peppers, tomatoes, and other vegetables sautéed in butter

May 2024



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