# **Bhutan**

# **Travel Facts**

# **US State Department Travel Advisory**

The US State Department currently recommends US citizens exercise normal precautions in Bhutan.





For the latest passport and visa requirements for this country, please consult the US State Department's "Learn About Your Destination" search tool, available through the link below.

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

# **US Embassy/Consulate**

None; frequent informal contact is maintained via the US embassy in New Delhi (India) and Bhutan's Permanent Mission to the UN; US citizens may call US Dept of State (202)-501-4444 for emergencies; alternate contact is the US Embassy in India [91] (11) 2419-8000; US Embassy in New Delhi, Shantipath, Chanakyapuri, New Delhi – 110021, India

# LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page. https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html

# **Telephone Code**

975

#### **Local Emergency Phone**

Ambulance: 110; Fire: 112; Police: 113

#### **Vaccinations**

The CDC and WHO recommend the following vaccinations for Bhutan: hepatitis A, hepatitis B, typhoid, Japanese encephalitis, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia and influenza.

http://www.who.int/

# Climate

Varies; tropical in southern plains; cool winters and hot summers in central valleys; severe winters and cool summers in Himalayas

# **Currency (Code)**

Ngultrum (BTN)

# Electricity/Voltage/Plug Type(s)

230 V / 50 Hz / plug types: C, D, G







Type C

**Major Languages** Sharchhopka, Dzongkha, Lhotshamkha

#### **Major Religions**

Lamaistic Buddhist, Indian-and Nepali-influenced Hinduism, other

#### **Time Difference**

UTC+6 (11 hours ahead of Washington, DC, during Standard Time)

#### **Potable Water**

Opt for bottled water

# **International Driving Permit**

Suggested

# **Road Driving Side**

Left



#### **Tourist Destinations**

Rinpung Dzong; Chele La Pass; Buddha Dordenma Statue; Dochu La Pass; Paro Taktsang (Tiger's Nest); Phobjikha Valley

#### **Major Sports**

Archery, digor (resembles shot put and horseshoe throwing)

#### **Cultural Practices**

The Bhutanese follow a structure of etiquette called "driglam namzha." This code of conduct governs how to send and receive gifts, speak to those in authority, serve and eat food at public occasions, and dress.

# **Tipping Guidelines**

A 10% tip is common at restaurants and bars unless a 10% service charge is already added. If hiring a taxi for the day, a tip of 300-500 ngultrums is common. It is also common to tip porters \$1-2 (USD) per bag and to tip tour staff \$50-80 (USD) at the end of a tour.

#### Souvenirs

Carved wooden masks, Thangkas art, woven woolen cloth and native garments, prayer flags, handmade paper

#### **Traditional Cuisine**

Ema datshi — hot chili peppers and cheese curd made from cow or yak's milk; often served with rice

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