

# Montserrat

## Travel Facts



### US State Dept Travel Advisory

The US Department of State currently recommends US citizens exercise normal precautions in Montserrat. Consult its website via the link below for updates to travel advisories and statements on safety, security, local laws, and special circumstances in this country.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

### Passport/Visa Requirements

US citizens should make sure their passport is valid at the date of their entering the country. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is not required.

### US Embassy/Consulate

None (overseas territory of the UK); US citizens may call US Dept of State (202)-501-4444 for emergencies; alternate contact is the US Embassy in Barbados [1] (246) 227-4000; US Embassy in Bridgetown, Wildey Business Park, St. Michael BB 14006, Barbados, WI

### LGBTQ+ Travelers

When venturing abroad, LGBTQ+ travelers can face unique challenges since laws, attitudes, and legal protections vary from country to country. Consult the website via the link below to learn what precautions to take before and during your trip.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html>

### Telephone Code

664

### Local Emergency Phone

Ambulance: 911; Police: 999

### Vaccinations

An International Certificate of Vaccination for yellow fever is required for travelers arriving from countries with a risk of yellow fever transmission and for travelers having transited through the airport of a country with risk of yellow fever transmission. See WHO recommendations.

<http://www.who.int/>

### Climate

Tropical; little daily or seasonal temperature variation

### Currency (Code)

East Caribbean dollars (XCD)

### Electricity/Voltage/Plug Type(s)

230 V / 60 Hz / plug types(s): A, B



### Major Languages

English

### Major Religions

Protestant 71.4%, Roman Catholic 11.4%, Rastafarian 1.4%, Hindu 1.2%, Jehovah's Witness 1%, Muslim 0.4%

### Time Difference

UTC-4 (1 hour ahead of Washington, DC, during Standard Time)

### Potable Water

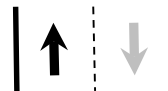
Opt for bottled water

### International Driving Permit

Suggested; additionally, traveler will need to present their US driver's license & IDP to local police to pay a special registration fee

### Road Driving Side

Left



### Tourist Destinations

Soufriere Hills Volcano, Rendezvous Bay, Buried City tour

### Major Sports

Yachting, basketball, cricket, soccer

### Cultural Practices

It is proper to drink at least a symbolic amount of wine during a meal or in a ritual context to honor the host and toast the health of the people present. Occasionally in villages, toasting with the left hand may not be regarded as proper. It is improper to blow one's nose at the table.

### Tipping Guidelines

No tip required at inexpensive restaurants, but leave up to 10% when service exceeds expectations in upscale dining establishments. It is common for servers not to receive tips included on a credit card, so try to leave cash whenever possible. Round up taxi fares. Tip the bellhop \$1 -2 (USD) per bag, depending on size, and housekeeping \$1 per day, even if there is a hotel service charge. A tip isn't expected, but you can leave up to 10% for anything that goes above and beyond your expectations from stylist to spa service provider.

### Souvenirs

Leather goods, handwoven goods, volcanic soap, preserves

### Traditional Cuisine

Goat water — a stew made from ram meat and served with a variety of sides including bread and rice



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