

## Turkmenistan

### US State Dept Travel Advisory

The US Department of State currently recommends US citizens **DO NOT TRAVEL** to Turkmenistan due to COVID-19 and Embassy Ashgabat's limited capacity to provide support to US citizens. Consult its website daily via the link below for any travel advisories about visiting this country.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

### Passport/Visa Requirements

US citizens should make sure their passport will not expire for at least 6 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is required. US citizens will need to get in touch with the country's embassy or nearest consulate to obtain a visa prior to visiting the country.

### US Embassy/Consulate

+(993)(12)94 0045, Consular Information Line: +(993)(12)94 0049 (Monday and Friday, 11am – 1pm); EMER: Local calls: 940045; US Embassy Ashgabat, 9 1984 Street (formerly Pushkin Street), Ashgabat, Turkmenistan 744000

### Vaccinations

See WHO recommendations

<http://www.who.int>

### Climate

Subtropical desert

### Currency (Code)

Turkmenistani manat (TMM)

### Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug type(s): C, F



### Major Languages

Turkmen 72%, Russian 12%, Uzbek 9%, other 7%

### Religions

Muslim 89%, Eastern Orthodox 9%, unknown 2%

### Time Difference

UTC+5 (10 hours ahead of Washington, DC, during Standard Time)

### Potable Water

Opt for bottled water.

### International Driving Permit

Suggested

### Road Driving Side

Right

### Tourist destinations

Ashgabat (includes National Museum, Carpet Museum); Turabeg Khanym Complex; Kow Ata Underground Lake; Yangykala Canyon; Mary Regional Museum; Ancient

Merv & Mausoleum of Sultan Sanjar

**Cultural Practices**

It is best to use your right hand or both hands to give and receive gifts, as the left hand is sometimes considered unclean.

**Tipping Guidelines**

Tip guides \$8-10 (USD) per person per day for a tour. Tour drivers may be tipped \$5 (USD).

**Telephone Code**

993

**Local Emergency  
Phone**

03

Please visit the following links to find further information about your desired destination.

[World Health Organization \(WHO\) - To learn what vaccines and health precautions to take while visiting your destination. http://www.who.int](http://www.who.int)

[US State Dept Travel Information - Overall information about foreign travel for US citizens. https://travel.state.gov/content/travel/en/international-travel.html](https://travel.state.gov/content/travel/en/international-travel.html)

[To obtain an international driving permit \(IDP\). Only two organizations in the US issue IDPs: American Automobile Association \(AAA\) \(www.aaa.com\) and American Automobile Touring Alliance \(AATA\) \(www.aataidp.com\)](#)

US citizens may call the US Dept of State (+1-202-501-4444) for emergencies abroad.

Thursday, January 28, 2021