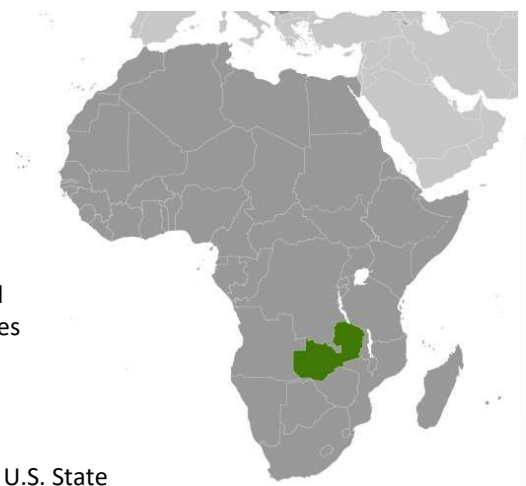
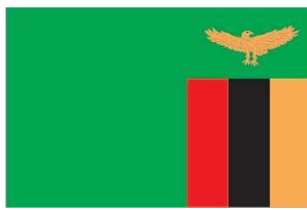


Zambia

Travel Facts



US State Dept Travel Advisor

The US Department of State currently recommends US citizens exercise normal precautions in Zambia. Consult its website via the link below for updates to travel advisories and statements on safety, security, local laws, and special circumstances in this country.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

EMER: +(260) (0) 211-357-000; US Embassy Lusaka, Eastern end of Kabulonga Road, Ibex Hill Road, Lusaka, Zambia; ACSLusaka@state.gov; <https://zm.usembassy.gov/>

Types of Travelers

Additional travel considerations can be found on the US Dept of State International Travel page.

<https://travel.state.gov/content/travel/en/international-travel.html>

Telephone Code

260

Local Emergency Phone

999

Vaccinations

The CDC and WHO recommend the following vaccinations for Zambia: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia and influenza. <http://www.who.int/>

Climate

Tropical; modified by altitude; rainy season (October to April)

Currency (Code)

Zambian kwacha (ZMK)

Electricity/Voltage/Plug Type(s)

230 V / 50 Hz / plug types(s): C, D, G



Type C



Type D



Type G

Major Languages

Bemba, Nyanja, Tonga, Lozi, Chewa, Nsenga, Tumbuka, Lunda, Kaonde, Lala, Lamba, English

Major Religions

Protestant 75.3%, Roman Catholic 20.2%, other 2.7% (includes Muslim, Buddhist, Hindu, and Baha'i)

Time Difference

UTC+2 (7 hours ahead of Washington, DC, during Standard Time)

Potable Water

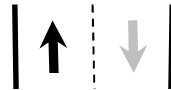
Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Left



Tourist Destinations

Victoria Falls; Devil's Pool; Zambezi River; Kafue National Park; Lusaka National Museum; Siavonga; Blue Lagoon National Park

Major Sports

Soccer, boxing, tennis

Cultural Practices

Always greet before starting a conversation, and if a person approaches you, offer the initial greeting. Men should withhold their hands when greeting a woman, until the woman offers her hands. Gifts are presented as a sign of honor, friendship or appreciation.

Tipping Guidelines

Tip 10% in restaurants. Tip guides directly at the end of a tour \$5-10 (USD) per person per day.

Souvenirs

Wood and stone carvings, handmade pottery and glassware, basketware, batik fabric and decorative items; wrought iron sculptures and copperware; carved tribal items including masks, drums, and animals; beadwork and handmade jewelry; local gemstones

Traditional Cuisine

Nshima — a dough-like porridge made from ground maize used to scoop up side dishes (ndiwo) such as soups, stews, sauces, or relishes

April 2024



Zambia