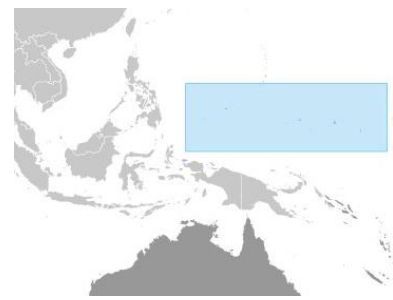


# Micronesia, Federated States of

## Travel Facts



### US State Dept Travel Advisory

The US Department of State currently recommends US citizens exercise normal precautions in travel to Micronesia.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

### Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

### US Embassy/Consulate

+(691) 320-2187; EMER: +(691) 920-2369; US Embassy Kolonia, US Embassy in Kolonia, PO Box 1286, Kolonia, Pohnpei, FSM 96941 Federated States of Micronesia; koloniaacs@state.gov; <https://fm.usembassy.gov/>

### LGBTQIA+, Women, and Special Needs Travelers

Additional travel considerations can be found on the US State Department's International Travel page.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

### Telephone Code

691

### Local Emergency Phone

Medical 111

### Vaccinations

The CDC and WHO recommend the following vaccinations for Micronesia: hepatitis A, hepatitis B, typhoid, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, COVID-19.

<http://www.who.int/>

### Climate

Tropical; heavy year-round rainfall, especially in the eastern islands; located on southern edge of the typhoon belt with occasionally severe damage

### Currency (Code)

US dollar is used

### Electricity/Voltage/Plug Type(s)

120 V / 60 Hz / plug types(s): A, B



Type A



Type B

### Major Languages

English, Chuukese, Kosrean, Pohnpeian, Yapese, Ulithian, Woleaian, Nukuoro, Kapingamarangi

### Major Religions

Roman Catholic and Protestant

### Time Difference

UTC+11 (16 hours ahead of Washington, DC, during Standard Time)

### Potable Water

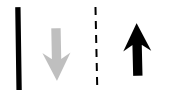
Opt for bottled water

### International Driving Permit

Suggested

### Road Driving Side

Right



### Tourist Destinations

Nan Madol; Chuuk (Truk) Lagoon; Kepirohi Falls

### Major Sports

Baseball, soccer

### Cultural Practices

The islands are known for their stick dancing traditions. All the islands revere their extended family connections and clan system.

### Tipping Guidelines

Meals are generally inexpensive so tipping by rounding up is appropriate. Taxi drivers do not expect tips.

### Souvenirs

Shell jewelry, woven baskets and mats, navigational stick charts, wooden monkeyman statues, replica canoes

### Traditional Cuisine

Kelaguen — chicken, meat, or raw seafood marinated in lemon juice, salt, and hot peppers topped with coconut and scallions; the chicken or other meat is grilled while the seafood is prepared raw and "cooked" for only a few hours in lemon juice

May 2024

