

Travel Facts

US State Dept Travel Advisor

The US Department of State currently recommends US citizens Reconsider Travel to Guinea-Bissau due to civil unrest. Exercise increased caution due to crime. Consult its website via the link below for updates to travel advisories and statements on safety, security, local laws, and special circumstances in this country.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

US citizens should make sure their passport is valid at the date of their entering the country. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is required. US citizens will need to get in touch with the country's embassy or nearest consulate to obtain a visa prior to visiting the country.

US Embassy/Consulate

US Embassy suspended operations on 14 June 1998; the US Ambassador to Senegal is accredited to Guinea-Bissau; +(221) 33-879-4000; EMER: +(221) 33-879-4444; US Embassy Dakar, Route des Almadies – BP 49, Dakar, Senegal; dakarACS@state.gov;

<https://gw.usmission.gov/>

LGBTQ+ Travelers

When venturing abroad, LGBTQIA+ travelers can face unique challenges since laws, attitudes, and legal protections vary from country to country. Consult the website via the link below to learn what precautions to take before and during your trip.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html>

Telephone Code

245

Local Emergency Phone

Police - 117; Ambulance - 119; Fire - 118

Vaccinations

The CDC and WHO recommend the following vaccinations for Guinea-Bissau: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, COVID-19, pneumonia and influenza.

<http://www.who.int/>

Climate

Tropical; generally hot and humid; monsoonal-type rainy season (June to November) with southwesterly winds; dry season (December to May) with northeasterly harmattan winds

Currency (Code)

Communaute Financiere Africaine francs (XOF)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug type(s): C



Type C

Major Languages

Crioulo (lingua franca), Portuguese; largely used as a second or third language), Pular (a Fula language), Mandingo

Major Religions

Muslim 45.1%, Christian 22.1%, animist 14.9%

Time Difference

UTC 0 (5 hours ahead of Washington, DC, during Standard Time)



Potable Water

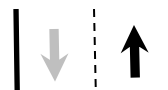
Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Right



Tourist Destinations

Orango Island; Bubaque Island; Cathedral de Nossa da Candelaria

Major Sports

Soccer

Cultural Practices

It is customary to give or receive gifts and business cards with the right hand.

Tipping Guidelines

Tip 10-15% of the bill at upscale restaurants. Round up the fare for taxi drivers. Guides and tour drivers expect around 10% or more if trips are multiday. Tip hotel cleaning staff at your discretion.

Souvenirs

Carved tribal masks and wooden statues, beaded jewelry or precious metals items, handmade cloth, beauty products, pottery, baskets

Traditional Cuisine

Jollof rice — rice cooked in palm oil and served with tomato paste and onions; sometimes with added fish or meat

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