

Bahrain

Travel Facts

US State Dept Travel Advisory

The US Department of State currently recommends US citizens exercise increased caution in Bahrain due to terrorism. <https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

US Embassy/Consulate

[973] 1724-2700; US Embassy Manama, Bldg. 979, Road 3119, Block 331, Zinj, PO Box 26431, Manama, Kingdom of Bahrain; <https://bh.usembassy.gov/>; ManamaConsular@state.gov

Disabled Travelers

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/traveling-with-disabilities.html>

LGBTQ+ Travelers

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html>

Women Travelers

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/women-travelers.html>



Telephone Code

973

Local Emergency Phone

999

Vaccinations

The CDC and WHO recommend the following vaccinations for Bahrain: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, and COVID-19. <http://www.who.int/>

Climate

Arid; mild, pleasant winters and very hot, humid summers

Currency (Code)

Dinars (BHD)

Electricity/Voltage/Plug Type(s)

230 V / 50 Hz / plug types(s): G



Type G

Major Languages

Arabic, English, Farsi, Urdu

Major Religions

Muslim, Christian, Jewish, Hindu, Baha'i

Time Difference

UTC+3 (8 hours ahead of Washington, DC, during Standard Time)

Potable Water

Yes, but some opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Right



Tourist Destinations

Adhari Park; Al Areen Wildlife Park; Manama (includes National Museum, Al Khamis Mosque, Al-Qudaibiya Palace); The Tree of Life; Arad Fort; Qal'at al-Bahrain- ancient harbor & capital of Dilmun

Major Sports

Soccer, mixed martial arts, cricket, car racing

Cultural Practices

If the meal is on the floor, sit cross-legged or kneel on one knee. Never let your feet touch the food mat and avoid pointing the soles of your feet at others. Eat only with the right hand as the left hand is considered unclean in Islam.

Tipping Guidelines

While there is often a 10% service charge at restaurants, it is still customary to leave a 10% tip for wait staff. Taxi drivers expect a 10% tip and porters will be happy with about 100 dinars per bag.

Souvenirs

Red-clay pottery, handwoven cloth, pearls/pearl jewelry, luxury goods

Traditional Cuisine

Bahrain's traditional food includes fish, meat, rice, and dates. One of the most famous Bahraini dishes is machboos, which is made up of meat or fish served with rice. Another known food is muhammar which is sweet rice served with dates or sugar.

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