Nepal

US State Dept Travel Advisory
The US Department of State currently recommends US citizens consult its website daily via the link below for any travel advisories about visiting this country.

https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html

Passport/Visa Requirements
US citizens should make sure their passport will not expire for at least 6 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 1 blank page in their passport for any entry stamp and or visa that will be required. A visa is required. US citizens will need to get in touch with the country’s embassy or nearest consulate to obtain a visa prior to visiting the country.

US Embassy/Consulate
+977 1 423-4000, +977 1 400-7272; US Embassy in Kathmandu, Embassy of the United States of America, Maharajgunj, Kathmandu, Nepal

Vaccinations
An International Certificate of Vaccination for yellow fever is required for travelers arriving from countries with a risk of yellow fever transmission and for travelers having transited through the airport of a country with risk of yellow fever transmission. See WHO recommendations

http://www.who.int

Climate
Varies from cool summers and severe winters in north to subtropical summers and mild winters in south

Currency (Code)
Nepalese rupees (NPR)

Electricity/Voltage/Plug Type(s)
230 V / 50 Hz / plug type(s): C, D, M

Major Languages
Nepali 44.6%, Maithali 11.7%, Bhojpuri 6%, Tharu 5.8%, Tamang 5.1%, Newar 3.2%, Magar 3%, Bajjika 3%, Urdu 2.6%, Avadhi 1.9%, Limbu 1.3%, Gurung 1.2%, other 10.4%, unspecified 0.2%

Religions
Predominantly Hindu

Time Difference
UTC+5.75 (10.75 hours ahead of Washington, DC, during Standard Time)

Potable Water
Opt for bottled water.

International Driving Permit
An IDP is required, and after 15 days, a local license is required.

Road Driving Side
Left

Cultural Practices
After food has touched ones lips, many Nepalese consider it unclean.
This belief applies to drinking from bottled water, or offering to share snacks.

<table>
<thead>
<tr>
<th>Telephone Code</th>
<th>977</th>
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<tbody>
<tr>
<td>Local Emergency Phone Numbers</td>
<td>Ambulance: 228094; Fire: local number; Police: 100</td>
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Please visit the following links to find further information about your desired destination.

- World Health Organization (WHO) - To learn what vaccines and health precautions to take while visiting your destination. http://www.who.int
- To obtain an international driving permit (IDP). Only two organizations in the US issue IDPs: American Automobile Association (AAA) (www.aaa.com) and American Automobile Touring Alliance (AATA) (www.aataidp.com)

US citizens may call the US Dept of State (+1-202-501-4444) for emergencies abroad.

Wednesday, June 26, 2019