

Travel Facts



US State Dept Travel Advisor

The US Department of State currently recommends US citizens exercise normal precautions in The Gambia. Some areas have increased risk. Consult its website via the link below for updates to travel advisories and statements on safety, security, local laws, and special circumstances in this country.
<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

US citizens should make sure their passport will not expire for at least 6 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 2 blank pages in their passport for any entry stamp and or visa that will be required. A visa is required. US citizens will need to get in touch with the country's embassy or nearest consulate to obtain a visa prior to visiting the country.

US Embassy/Consulate

[220] 439-2856; US Embassy Banjul, Kairaba Avenue, Fajara P.M.B. 19, Serrekunda, Banjul, The Gambia;
 ConsularBanjul@state.gov; <https://gm.usembassy.gov/>

LGBTQ+ Travelers

When venturing abroad, LGBTQIA+ travelers can face unique challenges since laws, attitudes, and legal protections vary from country to country. Consult the website via the link below to learn what precautions to take before and during your trip.
<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html>

Telephone Code

220

Local Emergency Phone

Ambulance: 16; Fire: 18; Police: 17

Vaccinations

The CDC and WHO recommend the following vaccinations for Gambia: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia and influenza. COVID-19 vaccination is recommended for travel to all regions. <http://www.who.int/>

Climate

Tropical; hot, rainy season (June to November); cooler, dry season (November to May)

Currency (Code)

Dalasis (GMD)

Electricity/Voltage/Plug Type(s)

230 V / 50 Hz / plug type(s): G



Type G

Major Languages

English, Mandinka, Wolof, Fula, other indigenous vernaculars

Major Religions

Muslim 95.7%, Christian 4.2%

Time Difference

UTC 0 (5 hours ahead of Washington, DC, during Standard Time)

Potable Water

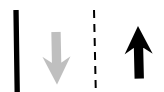
Opt for bottled water

International Driving Permit

Obtain a temporary license from local authority.

Road Driving Side

Right



Tourist Destinations

Sanyang Village; National Museum of Gambia; Stone Circles of Senegambia; Kachikally Crocodile Pool; Makasutu Culture Forest; Kotu Beach; River Gambia National Park; Bijilo Forest Park

Major Sports

Soccer, basketball, athletics (track and field), cricket

Cultural Practices

Looking elders directly in the eye is considered rude.

Tipping Guidelines

A 7.5% tip is recommended at restaurants. A \$1 (USD) a day tip for room service or maid staff is expected during a hotel stay.

Souvenirs

Batik cloth goods, traditional clothing, acacia or ebony wood carvings, native drums, ceremonial masks and statues; beaded, stamped, or carved silver jewelry

Traditional Cuisine

Domodah — a stew with ground peanuts or peanut butter, meat, onion, tomato, garlic, seasonal vegetables, and spices typically served over rice or findi (a grain similar to couscous)

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