**US State Dept Travel Advisory**

The US Department of State currently recommends US citizens exercise normal precautions in Seychelles. Consult its website via the link below for updates to travel advisories.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

Passport/Visa Requirements

US citizens should make sure their passport is valid at the date of their entering the country and during the length of their entire visit. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is not required; visitor permits granted upon arrival with return ticket.

US Embassy/Consulate

US does not have an embassy in Seychelles; the US Ambassador to Mauritius is accredited to Seychelles; +(230) 202-4400; EMER: +(230) 5253 3641; US Embassy Port Louis, 4th Floor, Rogers House, John Kennedy Street, Port Louis, Mauritius; PTLConsular@state.gov; <https://mu.usembassy.gov/>

LGBTQ+ Travelers

When venturing abroad, LGBTQIA+ travelers can face unique challenges since laws, attitudes, and legal protections vary from country to country. Consult the website via the link below to learn what precautions to take before and during your trip.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html>

Telephone Code

248

Local Emergency Phone

999

Vaccinations

The CDC and WHO recommend the following vaccinations for Seychelles: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, COVID-19, and influenza.

<http://www.who.int/>

Climate

Tropical marine; humid; cooler season during southeast monsoon (late May to September); warmer season during northwest monsoon (March to May)

Currency (Code)

Seychelles rupees (SCR)

Electricity/Voltage/Plug Type(s)

240 V / 50 Hz / plug type(s): G



Type G

Major Languages

Seychellois Creole, English, French

Major Religions

Roman Catholic, Protestant

Time Difference

UTC+4 (9 hours ahead of Washington, DC, during Standard Time)

Potable Water

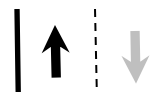
Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Left

**Tourist Destinations**

Aldabra Atoll; Morne Blanc; Moyenne Island; Victoria (includes Seychelles National Botanical Gardens, Victoria Market)

Major Sports

Basketball, water sports

Cultural Practices

Seychellois are usually described as laid-back and easygoing. Dress codes are relaxed, and formal clothing is seldom worn.

Interpersonal distance is somewhat greater than it is in Europe.

Tipping Guidelines

Most hotels, restaurants, taxis, and porters already include a 5-10% service charge so tipping is not obligatory. However, as a reward for exceptional service, a nominal tip is sure to be appreciated.

Souvenirs

Coco De Mer food and decorative items; batik fabric, sarongs, and scarves; shell and pearl jewelry; turtle shell-, coral-, and coconut-carved items; natural bath products, straw baskets, tea

Traditional Cuisine

Pwason griye — whole fresh fish, often red snapper or rabbit fish, flavored with crushed chili, garlic, and ginger and grilled; typically served over rice, with sweet potatoes or tamarind-tomato chutney on the side

October 2023

